

ADDUCTOR/ABDUCTOR COMBO.

JNRL-5060

- ◆ It trains inner thigh muscles and outer hip muscles by focusing on the inner and outer part of the thigh depending on the variation chosen. The Jerai Fitness Adductor/Abductor provides a maximum weight of up to 165 lbs.

- ◆ **DIMENSION:**  
Length : 67 inches / 170 cms  
Width : 36 inches / 91 cms  
Height : 56 inches / 142 cms  
Weight Stack : 165lbs / 75kg

- ◆ **MUSCLE WORKED:**  
Glutes & Adductors /  
Abductors

